



Snohomish County Volunteer Search and Rescue Pack Check

NOTE: EMRU has more stringent equipment requirements and OSU has less stringent requirements.
Please check with your unit and confirm their requirements BEFORE purchasing any equipment.

BASIC EQUIPMENT

- Backpack 45L min (internal frame is best)
- First Aid Kit (small, personal type)
- Sunglasses (inexpensive)
- Sunscreen (SPF 30 or higher)
- LED Head Lamp (with spare batteries)
- Matches & Fire Starter (waterproof)
- Pocket Knife
- Compass (with adjustable declination)
- 550 Parachute Cord (50' min)
- Leather Gloves or Work Gloves
- Whistle
- Tarp (silver, blue or red - reinforced type)
- Water Bottle(s) or Bladder (2-liter min)
- Food for 3 Days (1 day separate for short missions)
- Emergency Food (high energy, no cook)
- Insulated Ground Pad
- Boots (lug-soled & waterproof)
- Gaiters (good quality)
- Basic Clothing (wool/poly t-shirt, underwear, pants and socks). Utilize clothes that can be worn in layers.
Remember, **NO COTTON**
- Quality Rain Jacket & Pants
- Climbing Helmet (with chin strap)
- Extra Clothing (warm pants & long-sleeve shirt or thick base layers, 2 extra pairs of socks, warm hat, warm mittens or gloves)
- Orange reflective safety vest (for urban missions)

RECOMMENDED ADDITIONAL EQUIPMENT

- Day Pack (for short missions)
- Trekking Poles
- Bandanna or Brimmed Hat
- Balaclava or Scarf
- Large Garbage Bag
- Bivy Sack
- Spare Light
- Toiletries
- Backpacking Stove (pocket rocket or slightly larger)
- Fuel for stove
- Brimmed Rain Hat
- Waterproof Gloves
- Glove Liners
- Multi-Tool
- CPR Face Mask
- Boot Liners
- Signaling Device
- Pack Cover
- Space Blanket

After you have confirmed your unit's requirements and you are ready for your Pack Check, bring all equipment in your pack (boots and basic clothing items may be out of the pack). Go through your pack with your unit representative. The unit representative will sign-off your Pack Check when the unit requirements have been satisfied.

First and Last Name: _____

DEM # _____

Pack Check Performed By: _____ Date: _____